

Zaner-Bloser

Handwriting

1



Hi! I'm Zaney, and I'll be your handwriting pal as you learn and practice throughout the year. Handwriting helps us learn and share our ideas with others. Let's get started!



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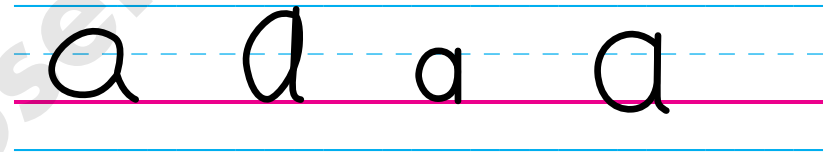
Getting Started



Stop and Check

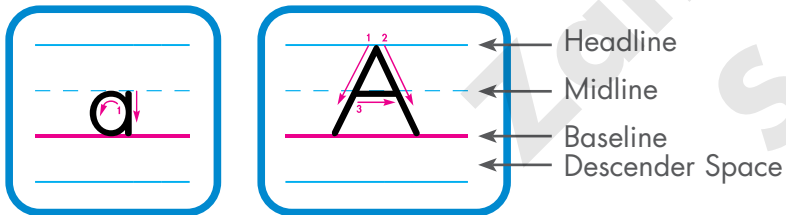
When you see a  sign, circle the best letter you wrote on that line.

Circle the best letter on this line.



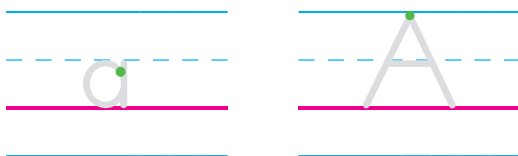
Models and Guidelines

There are writing models in your book.
The models are on guidelines.



The red arrows and numerals show you how to write each letter.

Start at the green dot when you trace and write.



Keys to Legibility

There are four kinds of keys in your book. These **Keys to Legibility** will remind you to check the **Shape**, **Size**, **Spacing**, and **Slant** of your writing.

The **Keys to Legibility** will help you make your writing legible. **Legible** means easy to read.



Write

Basic Strokes

Vertical Lines Some letters and numerals have lines that are straight up and down.

Trace the straight up and down lines in these letters and numerals.

H D E + b i 9 4

Trace the vertical lines in the picture. Start at the green dot. ●
Stop at the red dot. ●



Trace and write. Pull down straight. ✓ Circle your best vertical line.

Handwriting practice lines for the 'Pull down straight' exercise. The first row shows a solid black line with a downward arrow, followed by several dashed lines for tracing, and a solid black line at the end. The second row shows a dashed line for tracing, followed by a solid black line at the end. The third row shows a dashed line for tracing, followed by a solid black line at the end. The fourth row shows a dashed line for tracing, followed by a solid black line at the end. The fifth row shows a dashed line for tracing, followed by a solid black line at the end. The sixth row shows a dashed line for tracing, followed by a solid black line at the end. The seventh row shows a dashed line for tracing, followed by a solid black line at the end. The eighth row shows a dashed line for tracing, followed by a solid black line at the end. The ninth row shows a dashed line for tracing, followed by a solid black line at the end. The tenth row shows a dashed line for tracing, followed by a solid black line at the end. The eleventh row shows a dashed line for tracing, followed by a solid black line at the end. The twelfth row shows a dashed line for tracing, followed by a solid black line at the end. The thirteenth row shows a dashed line for tracing, followed by a solid black line at the end. The fourteenth row shows a dashed line for tracing, followed by a solid black line at the end. The fifteenth row shows a dashed line for tracing, followed by a solid black line at the end. The sixteenth row shows a dashed line for tracing, followed by a solid black line at the end. The seventeenth row shows a dashed line for tracing, followed by a solid black line at the end. The eighteenth row shows a dashed line for tracing, followed by a solid black line at the end. The nineteenth row shows a dashed line for tracing, followed by a solid black line at the end. The twentieth row shows a dashed line for tracing, followed by a solid black line at the end.

Trace and write. Push up straight. ✓ Circle your best vertical line.

Handwriting practice lines for the 'Push up straight' exercise. The first row shows a solid black line with an upward arrow, followed by several dashed lines for tracing, and a solid black line at the end. The second row shows a dashed line for tracing, followed by a solid black line at the end. The third row shows a dashed line for tracing, followed by a solid black line at the end. The fourth row shows a dashed line for tracing, followed by a solid black line at the end. The fifth row shows a dashed line for tracing, followed by a solid black line at the end. The sixth row shows a dashed line for tracing, followed by a solid black line at the end. The seventh row shows a dashed line for tracing, followed by a solid black line at the end. The eighth row shows a dashed line for tracing, followed by a solid black line at the end. The ninth row shows a dashed line for tracing, followed by a solid black line at the end. The tenth row shows a dashed line for tracing, followed by a solid black line at the end. The eleventh row shows a dashed line for tracing, followed by a solid black line at the end. The twelfth row shows a dashed line for tracing, followed by a solid black line at the end. The thirteenth row shows a dashed line for tracing, followed by a solid black line at the end. The fourteenth row shows a dashed line for tracing, followed by a solid black line at the end. The fifteenth row shows a dashed line for tracing, followed by a solid black line at the end. The sixteenth row shows a dashed line for tracing, followed by a solid black line at the end. The seventeenth row shows a dashed line for tracing, followed by a solid black line at the end. The eighteenth row shows a dashed line for tracing, followed by a solid black line at the end. The nineteenth row shows a dashed line for tracing, followed by a solid black line at the end. The twentieth row shows a dashed line for tracing, followed by a solid black line at the end.

Write

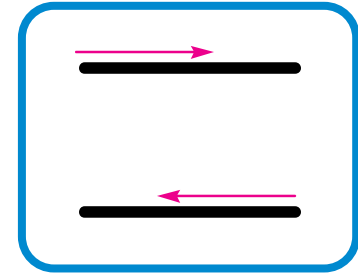
Basic Strokes

Horizontal Lines Some letters and numerals have lines that slide from side to side.

Trace the slide lines in these letters and numerals.

F G B z f e 5 7

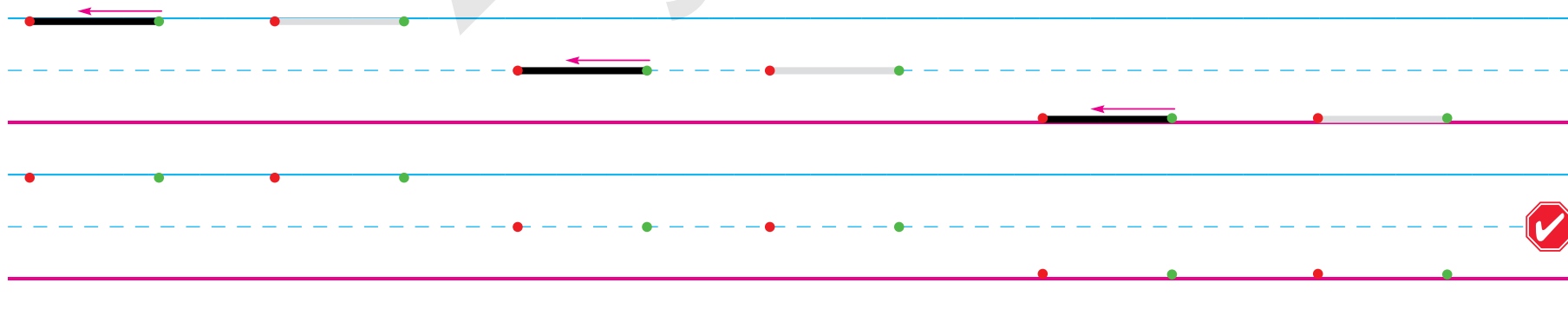
Trace the horizontal lines in the picture. Start at the green dot. ●
Stop at the red dot. ●



Trace and write. Slide right.  Circle your best horizontal line.



Trace and write. Slide left.  Circle your best horizontal line.



Write

Basic Strokes

Backward Circle Lines Some letters and numerals have backward circle lines.

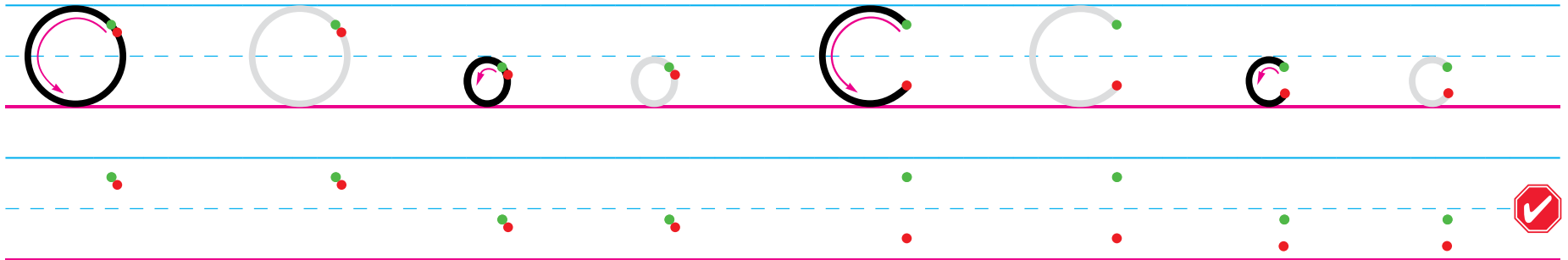
Trace the backward circle lines in these letters and the numeral.



Trace the backward circle lines in the picture.
Start at the green dot. ● Stop at the red dot. ●



Trace and write. Circle back. ✓ Circle your best backward circle line.



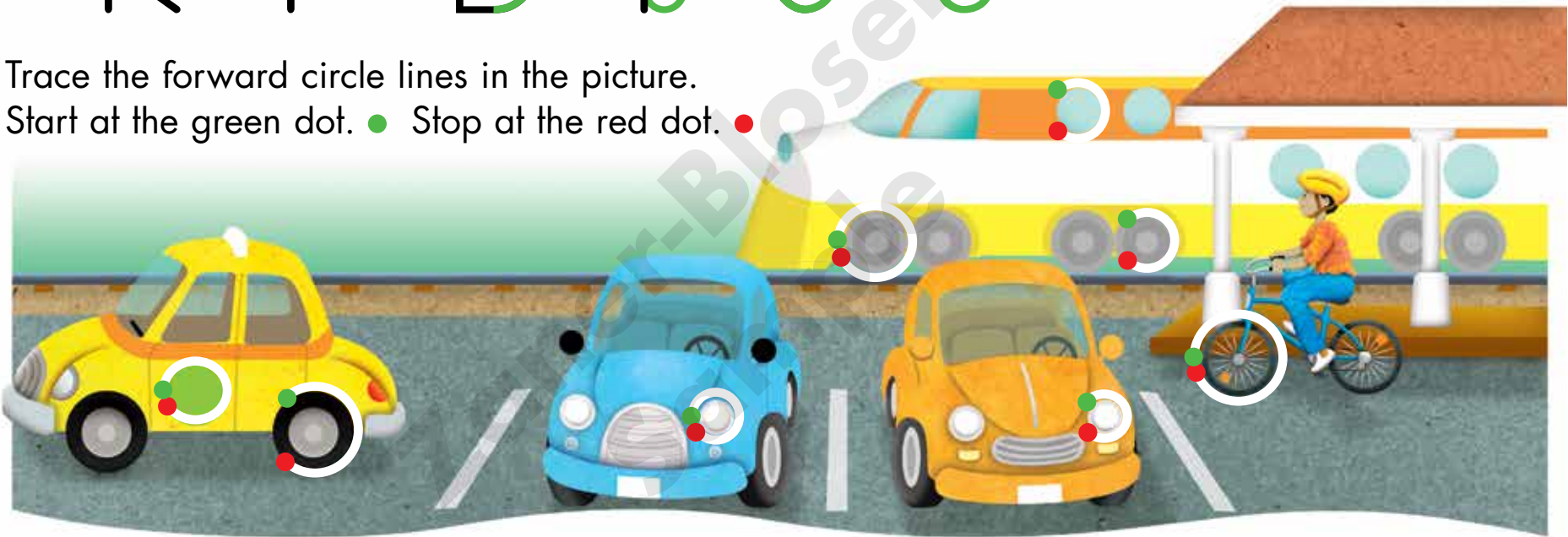
Basic Strokes

Forward Circle Lines Some letters and numerals have forward circle lines.

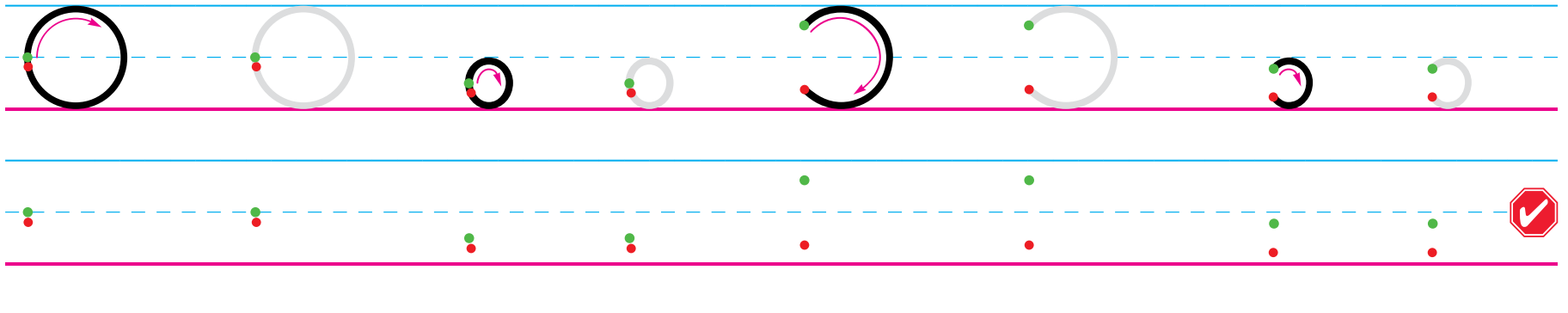
Trace the forward circle lines in these letters and numerals.

R P D b 5 3

Trace the forward circle lines in the picture.
Start at the green dot. ● Stop at the red dot. ●



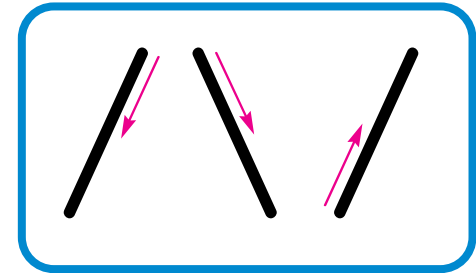
Trace and write. Circle forward. ✓ Circle your best forward circle line.



Write

Basic Strokes

Diagonal Lines Some letters and numerals have diagonal lines.
Trace the diagonal lines in these letters and numerals.



A N Q y w z 2 7

Trace the diagonal lines in the picture. Start at the green dot. ●
Stop at the red dot. ●



Trace and write. Slant right. ✓ Circle your best diagonal line.

Trace and write. Slant left. ✓ Circle your best diagonal line.

Trace and write. Slant up. ✓ Circle your best diagonal line.

1. Circle back all the way around; push up straight. Pull down straight.

Trace and write. Circle your best **a**.



alligator act

1. Slant left. Lift.
2. Slant right. Lift.
3. Slide right.

Trace and write. Circle your best **A**.



Ali Anna

Write the words.

as animal ask all

Write the sentence.

All my sisters play ball.

Write words to finish the sentence.

I can play



Size Circle a word you wrote that has good size.



Write the letters.

o o o o

a a a a

d d d d

O O O

A A A

D D D

Write the words.

odd

add

dad

dot

Apply

Naming Words Write the naming words.

dog

toad

Dan

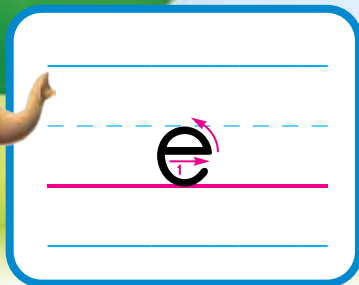


apple

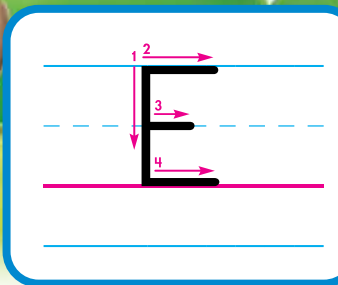
yard

Amy

Write a sentence telling what you like to do with your friends.



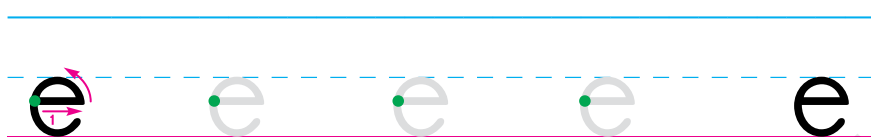
1. Slide right.
Circle back.



1. Pull down straight. Lift.
2. Slide right. Lift.
3. Slide right; stop short. Lift.
4. Slide right.

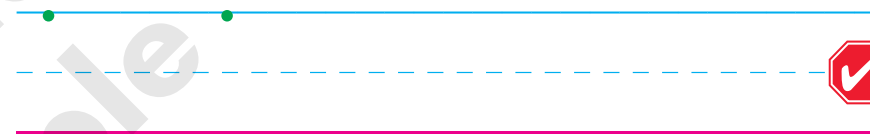
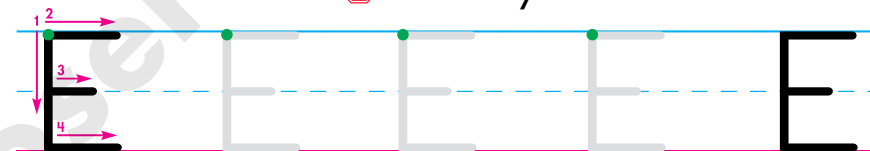


Trace and write. ✓ Circle your best e.



elephant eat

Trace and write. ✓ Circle your best E.



Ellie Ed

Write the words.

egg end empty each

Write the sentence.

Everyone enjoys stories.

Write a sentence about something you enjoy.



Shape Circle your best letter that has a **I** line.



Write the letters.

c c c c

C C C



e e e e

E E E



f f f f

F F F

Write the words.

face

feet

ice

life

Apply

Action Words Write the action words. ✓ Circle your best letter.

eat



fill



catch



feed



call



color



Write a sentence that tells what you like to do. Use an action word.

Apply

Handwriting in the Real World

Number Words Write the numerals and the number words in English and Spanish.

1 one uno

2 two dos

3 three tres

4 four cuatro

5 five cinco

6 six seis

Write the Spanish words for **3** and **4**.

7 seven siete

8 eight ocho

9 nine nueve

10 ten diez

11 eleven once

12 twelve doce

Write the numeral and a number word to tell your age.

Handwriting in the Real World

Days of the Week Write the name of each day.

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



Handwriting in the Real World

Friendly Letter Write to a friend. Finish this letter.



Dear _____,

Today is _____

Zaner-Bloser
Sample



Your friend, _____

Apply

Informative/Explanatory

How To Think of something you can do well. Write it on the top line. Then explain how to do it with each step in order.

1.

2.

3.

4.

5.





Sentence Read the sentence below. It includes every letter of the alphabet.

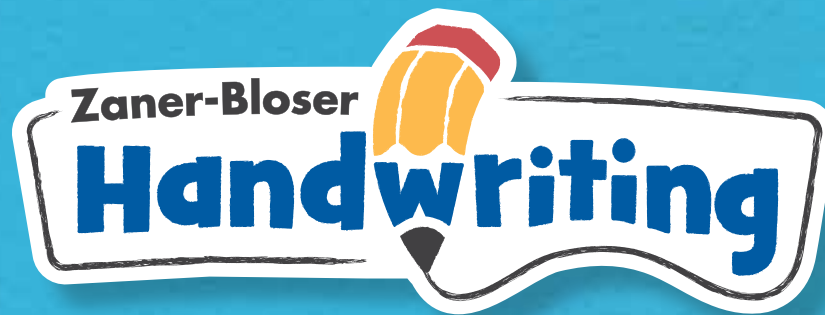
The quick brown fox jumps over the lazy dog.

Write the sentence two times in your best handwriting.

Handwriting practice lines for the sentence "The quick brown fox jumps over the lazy dog." The page includes two sets of lines for writing practice. Each set consists of a solid blue top line, a dashed blue middle line, and a solid blue bottom line. A large, light gray watermark "Zaner-Bloser Sample" is diagonally across the page.

My writing has good

- | | |
|--|--------------------------|
|  Shape | <input type="checkbox"/> |
|  Size | <input type="checkbox"/> |
|  Spacing | <input type="checkbox"/> |
|  Slant | <input type="checkbox"/> |



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